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iSprout spreads wings in Chennai



To meet the growing demand for office work spaces in a metropolis like Chennai, iSprout, a pioneer in promoting the concept of plug and work on Monday 25th March 2019 opened its franchise at Kochar building, near Olympia signal junction, Guindy, Chennai for providing 200 seats on a space of approximately 12,000 sq ft. bundled with all the major facilities and security for their clients entering into a lease agreement with it. Speaking about the iSprout Business Centre elaborately, its CEO and Founder Sundari Patibandla said that the company's work spaces would be ideal for start-ups, small and medium companies for establishing themselves besides foraying into various domains of business. She also said that as part of its nationwide drive, the company would be starting another franchise on the IT corridor OMR on a space of 46,000 sq ft in the next three

to four months. The company had already patronised ventures in Hyderabad and Vijayawada in Andhra Pradesh though plans were there to enter Bengaluru, Pune, Noida and Gurgaon in the near future. She further said that iSprout catered to the demands of full-fledged offices in terms of providing business support services like company incorporation, accounting, payroll, registrations, GST filing, TDS filing, tax and audit. "We have entered the co-working space industry not just to create another working space but to recreate work space, with lots of vibrancy through design and a host of internet, security and front-desk support services with the added customized facilities," Sundari noted. Sesshaa Prasad, a partner in iSprout, was emphatic that the workspaces concept would grow like anything what with the idea of starting various types of enterprises in the country, mostly

of IT/ITES, R &D, knowledge-based ones and start-ups of all kinds. The promoters, including Sreenivas Tirdhala, stated that, the space décor has been conceptualized with vibrant colours, customized murals and frames, designer texture & motivational quotes; reflecting their values for blending work and a playfully relaxing ambience. Like the designed interiors that make for a lively ambience, yet leaves an easy-on-the-eye kind of effect. iSprout, with the Chennai addition, has an overall capacity of 2400 seats spread over 1,30,000 sq ft. Some of the corporate clients of iSprout include Dell, Bull Horn, Indeed, Uber, Emids, Amaravati Incubation Centre and several MNC companies. For more details visit www.isprout.in. They can also be reached on 84649-99920. Follow on <https://www.facebook.com/isprout/> for more updates.



College Day Celebration

The College Day celebration of Nazareth College of Arts & Science was held on 26th March 2019. The chief guest, Mr. Henry Maris took us through the journey of the first college day celebration. The college day celebrated with just 101 students in the year 2002 and now it has grown in multiples, he also appreciated the achievements of 300 students who secured university level in sports and 100 students who achieved university ranks. He further mentioned that the college offers the best in academics and also encourages an overall development of the student through various sports, extracurricular activities. He felt very proud for invited our alumni as chief guest for sports day event. The Honorable Secretary, Principal Dr Mary Angeline and other dignitaries released the college magazine and the books published by various staff members. The students are honored for their academic and nonacademic achievements. This program really leaves a great impact on everyone. All the Dignitaries and gave away prizes for different categories such as Best Outgoing Students, Class Toppers, 100% attendance for Students, Staff achievements, such as Ph.D, Net/Set, Books Published and other awards such as Nazareth media relation award, best male and female worker and a special Nazareth multifarious award was also given on the occasion. The college boy's team and girl's team gave a wonderful dance performance.

TANKER Foundation's World Kidney Day 2019



TANKER Foundation's World Kidney Day 2019, program started with a free Blood Pressure (BP) check for 3,000 people at Chennai Central Station. This program aimed to create awareness of high Blood Pressure (BP) which is one of the main causes of kidney failure. This year the World Kidney Day, which is a joint initiative of the International Federation of Kidney Foundations (IFKF) and the International Society of

Nephrology (ISN) is focusing on Kidney Health for Everyone Everywhere. Awareness leaflets on kidney disease were distributed by TANKER's Auto driver patients and TANKER Staff in Ambattur, Vellore, Thiruverkadu, Madurai, Coimbatore, Retteri, and Nungambakkam. TANKER has planned other awareness programmes and screening camps throughout the month. Kidney disease can affect anybody and the World

Kidney Day helps in bringing about awareness of this terrible disease. Actor Mr. Suriya TANKER'S Goodwill Ambassador also tweeted "Take care of your kidneys by exercising, drinking more water and eating less salt and sugar. Follow TANKER Foundation's World Kidney Day activities on Instagram". Facebook: www.facebook.com/tankerindia and Twitter: www.twitter.com/tankerindia

Hillary Clinton Nursing School's Great Achievement!



India, 15th March, 2019: Vinod Gupta's Charitable Foundation (VGCF), a non-profit organization's unit - Ramrati Education Complex, where Hillary Clinton Nursing School is situated, was delighted as it was reported that its 70 Students (Girls & Boys) have been selected for government service planning under the National Health Mission. Vinod Gupta Charitable Foundation, from last 8 years, is providing all the facilities not only for theoretical knowledge but also providing students with experimental training. For practical training the institute is equipped with modern advanced equipments such as Simulation Lab, MCH Lab, Fundamental Lab, Community Lab, Nutrition Lab, as well as in the rehabilitated hospitals such as Medigram, SBDPGI Pilkhani, CHC etc. For the highest quality of education in the institution, trained faculty has been appointed from different states of the country - Kerala, Himachal Pradesh, Uttarakhand, Haryana & Punjab. LEDs have been installed in classrooms for the overall development of the students, so that the students can be made aware of the latest techniques of education. Apart from this, play ground with sports material for various sports

is being provided viz. Gymnasium, Basketball, Cricket, Tennis, Football etc. Big Auditorium is available for Cultural Programmes and Workshops. Vinod Gupta, Founder, Vinod Gupta Charitable Foundation expressed great pleasure on learning the great accomplishment of students of the Hillary Clinton Nursing School. He was proud of latest achievement and extended his good wishes to the President of the Institute, Mrs. Raj Kamal Saxena, Principal Secretary Shri Saneesh V.M. and his staff and students. And also said that success of our students, who are born and brought up in the rural area would establish a new dimension. Today, by becoming empowered, students are realizing their dream come true for their native land. Shri Ashutosh Dayal Sharma, Chairman, VGCF, also congratulated the students for their success, and encouraged them to promote the achievements. The staff and students have worked hard to achieved this. It is appreciable that students from the rural area are becoming socially and economically independent. On this occasion, Mr. B K Goswami, Board Member, Chairman, Emeritus, Shri P. K. Agarwal, Mr. Vinod Shobit, Mr. DK Gupta and General

M. M. R. Narang, Architect, Consultant, also applauded the achievement of the students of the Institute. General MMR Narang said that Vinod Gupta Charitable Foundation is proud for the students getting selected for the public services. This is a great achievement by the students from rural area. Few years ago, no one could even imagine that students from rural area would get such a good job. He congratulated the President of the Institute, Mrs. Rajkamal Saxena, Principal Saneesh V.M. and Deputy Principal Mrs. Priyanka Joshi, Staff and Students. Principal, Hillary Clinton Nursing School, Shri Saneesh V.M. also expressed his happiness over the selection of students and thanked the Founder of the Institute, Mr. Vinod Gupta, the Board members and the President of the Ramrati Education Complex, Mrs. Raj Kamal Saxena, to give their guidance and inspiration. He also thanked all the staff members of the institute for encouraging and imparting their knowledgeable experience by teaching the students of the institute. On this occasion, Dr. S.P. Singh, Principal, Bill Clinton School and its staff members also congratulated this proud achievement of students.



Happy School makes students learning more interesting

As part of involving philanthropists and public to develop school activities, Inner Wheel club of Madras next gen provided hand wash station, painted Eco pictures on compound walls, provided sports things, painted the classrooms with attractive pictures, arranged spoken English classes and shoes to all students for the past one year to Chennai middle school, Balaji Nagar, Royapettah, Chennai. The District Chairman Mrs.Kalarajasekar, declared this school as HAPPY SCHOOL after fulfilling the necessary requirements as per Inner wheelers criteria in the presence of DLCC Mrs.Swarnalatha & NGC coordinator Mr.Thangaraj. The students highlighted their performance during the occasion. President Mrs.Divya proposed the vote of thanks. School HM Mrs.Thenmozhi, CLCC Mrs.Galada & ARIVUKKAN editor Mr.Alagarasan also briefed about all the school activities.

Announcing the launch of the all new Backhoe Loader, TATA HITACHI SHINRAI

Following highly successful launches in the Southern markets, Chhattisgarh, Jharkhand, Vidharbha, Nagpur, Bihar, Orissa, West Bengal and Varanasi, Tata Hitachi launched the all new backhoe loader, TATA HITACHI SHINRAI in Faridabad, Haryana. A revolutionary new offering from Tata Hitachi, SHINRAI is designed and manufactured on the key tenets of capability and reliability. An engineering masterpiece, this machine, with its new and advanced features, stands true to its name: SHINRAI - a Japanese word that means Trust, Reliability and Confidence. With Industry leading reaches, dig forces, a brand new front end loader geometry and a design built for attachments; Tata HITACHI SHINRAI is a truly capable machine. This capability is backed by a "high torque at low rpm" engine with enough reserve power across its entire spectrum to provide confidence in its capabilities. With a spacious, cabin with easy to work controls, fully mechanical drive train, an In-line fuel injection pump, a special warranty & support package and INSITE (Tata Hitachi's Telematics suite) enabled, with an air conditioned cabin as an optional fitment, Tata Hitachi SHINRAI is sure to evoke confidence and trust among customers. This all new Backhoe Loader holds out a promise of performance, power and low operating costs. Built on the platform of next-gen engineering that can tackle all terrains, SHINRAI is a machine where solid trust meets unparalleled reliability. Speaking at the press conference, Mr Sandeep Singh, Managing Director, Tata Hitachi mentioned, "We are very proud to launch SHINRAI in Faridabad. Haryana is an important market for us and we are confident that this revolutionary backhoe loader will make its mark immediately. We dedicate this machine to our customer and dealer fraternity." Mr Shin Nakajima, Director Sales, Marketing and Customer Service added, "The launch of Tata Hitachi SHINRAI in



Faridabad, Haryana marks another milestone for us. We have launched the machine in South Central, East India and Vidharbha. With this launch we are consolidating our reach and gradually extending our footprint to have a pan India presence by the end of the year."

Royal Enfield launches Bullet Trials Works Replica



Legends live on! And the Royal Enfield Bullet is the best testimony to that. The Bullet's enduring journey over the last 87 years - since 1932 - has given Royal Enfield the privilege of being the world's oldest motorcycle brand in continuous production, with the Bullet being the longest running motorcycle model in the world. This journey of the Bullet has been both, iconic and legendary, but perhaps the most important story in its history is the legacy of the Royal Enfield Bullet at the Trials Championships. Inspired by this legacy of Royal Enfield at the International Six Days Trials and as a tribute to the prolific Trials Wizard, Johnny Brittain, Royal Enfield launches the Bullet Trials Works Replica 2019. The Bullet Trials

500 will be available at an ex-showroom price of Rs. 2,07,104/- and the Bullet Trials 350 will be at a price of Rs. 1,62,345/-. In order to retain accessibility across markets, the Bullet Trials 500 ex-showroom prices for Kerala have been kept at Rs. 1,99,899/- to account for high levies and taxes in the state. The Bullet Trials will now be open for bookings across the country and will also be available to book online on www.royalenfield.com. The Bullet Trials will be launched globally across all key markets through this year. Speaking at the launch of the Bullet Trials motorcycle, Mark Wells - Global Head, Product Strategy and Industrial Design, Royal Enfield said, "Royal Enfield has had a long and proud history of building resilient and enduring motorcycles, the Bullet has been the most enduring of them all. The Bullet Trials motorcycle ridden by Johnny Brittain is unforgettable and a reminder of the machine's prowess over challenging terrains and its trials pedigree. The Bullet Trials 2019 motorcycle is inspired by Johnny Brittain's trials motorcycle that won more than 50 championships between 1948 - 1965 and it is also a fitting tribute to our seminal design and engineering expertise that introduced the swingarm for the first time in 1949 with the Bullet. "It was in fact the proven success of the Bullet Trials motorcycle over challenging terrains that caught the eye of the Indian Army. It was around 1952 when the Indian Army placed an order of 800 Bullet motorcycles to patrol the harsh border regions of Kashmir and Rajasthan directly leading to the creation of Enfield India in 1955. This year we are also commemorating the 70th year of the Bullet Trials' ISDT winning motorcycle that was showcased with the swingarm for the first time in 1949." added Mark Wells. Speaking at the launch of the motorcycle, Shaji Koshy - Head India+ Business, Royal Enfield, said "The Royal Enfield Bullet has always had a fiercely loyal customer base in India and has been in existence for over 8 decades across the globe. In India, the Bullet has gained iconic status and has been associated with endurance and resilience, with motorcycles being passed on from one generation to the other. Taking the trials heritage of the Bullet marquee ahead in 2019, we are pleased to announce the availability of Bullet Trials in India." The remarkable story of the Bullet Trials dominance at the ISDT championships is incomplete without Johnny Brittain, who dominated the Trials championship on the Bullet Trials 350 for 15 years. Son of Trials.

Being Fearless Bold Women

The journey towards greatness is laced with sacrifices. Some sacrifices are Preempt, some are happy to make and some creep in. The vision for what required creating meant working around the clock, travelling like a vega bond, not having a shoulder to cry on.

No one can prepare for these situations, these are scary emotions but prevail when channeling your fears into empathy, and trust your instincts and passion to guide.

Fuel that energy into ambition and push yourself harder, forgive people, grow a thick skin and navigate with confidence and empathy-not fear or anger. The journey can be lonely and people may leave you, so get comfortable with solitude and the possibility of failure which is never the end but an opportunity to learn. Support and empower other women around you. Our society can move forward faster if you are inclusive and you provide women and girls the tools and the platform to be able to raise their hand and ask for what they deserve.

Ways to Deal ;

Believe Yourself personally and Understands the power of your own voice which is fearless. Being True and relevant is an extremely important aspect for being powerful, the existence and importance of having a voice are crucial in this world. There is nothing like 'No Fear' - but being fearless is knowing it, fighting it and not going down

There is always a choice to engage with fear personally, so get trained to confront it, fearlessness is the courage of conviction.

Mindset shift to get past your fears, to acknowledge it to urself and take action(s) to overcome it.

Always Push Yourself, Magic happens, being fearless is about understanding the challenges and pushing the boundaries while striking the right balance.

Visualise all hurdles not just clearing it, but flying over it with the strength of faith to carry it

Conquer self- doubt to become fearless

Face the fears, which keeps you from realising your inner potentials

Knowledge is one of the most important elements of hip - hop - be fearless in seeking it.

To become strong, understand and embrace your vulnerabilities

The one thing that distinguishes strong powerful and fearless women is self belief. We have a lovely word for it in Hindi : aatma - vishwas - self belief stemming from the soul.

Love, Light and Happiness and a very happy bravery lovely wishes throughout to all women in the world.

By

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